

Cavelier



Room

*- Breakfast -*

# Welcome to Café La Salle

Open daily from 6:00 a.m. Menu available until 4:00 p.m.

## Fruit

ICED MIXED FRUIT	\$ 6.29
WITH COTTAGE CHEESE	\$ 7.50
YOGURT ( <i>plain or blended</i> )	\$ 4.29
WITH FRESH FRUIT	\$ 7.50
PEACHES	
WITH COTTAGE CHEESE	\$ 6.99
HALF GRAPEFRUIT	\$ 2.99
STEWED PRUNES	\$ 3.99

## Eggs

ONE EGG ( <i>Any Style</i> )	\$ 3.99
WITH BACON, HAM OR SAUSAGE	\$ 5.50
WITH BACK BACON	\$ 6.29
TWO EGGS ( <i>Any Style</i> )	\$ 4.99
WITH BACON, HAM OR SAUSAGE	\$ 6.50
WITH BACK BACON	\$ 7.29
ADD EXTRA EGG	\$ 1.39

## Omelettes

*Create your own omelette*

PLAIN OMELETTE (3 EGGS)	\$ 7.29
BACON, HAM, SAUSAGE, FETA	\$ 1.49 ea.
ONIONS, GREEN PEPPERS, CHEESE, TOMATOES, MUSHROOMS, OR SPINACH	\$ .99 each

*All our eggs and omelettes are served with  
white or whole wheat toast & homefries.*

## Pancakes

THREE JUMBO BUTTERMILK PANCAKES	\$ 6.99
WITH BACON, HAM OR SAUSAGE	\$ 8.50
WITH BACK BACON	\$ 9.29
SHORT STACK ( <i>Two</i> )	\$ 5.29
WITH BACON, HAM OR SAUSAGE	\$ 6.80
WITH BACK BACON	\$ 7.59

## French Toast

THREE SLICES	\$ 7.50
WITH BACON, HAM OR SAUSAGE	\$ 8.99
WITH BACK BACON	\$ 9.79
TWO SLICES	\$ 6.29
WITH BACON, HAM OR SAUSAGE	\$ 7.80
WITH BACK BACON	\$ 8.59

## Waffles

JUMBO HOMEMADE WAFFLE	\$ 6.50
WITH FRUIT TOPPING	\$ 8.29

*Please note that all items are subject to applicable taxes. Gratuities are not included.*

## Specialties

<b>EGGS BENEDICT</b>	\$ 8.49
<i>2 poached eggs and ham on an English muffin topped with Hollandaise sauce and served with homefries.</i>	
WITH BACK BACON	\$ 9.99
<b>STEAK &amp; EGGS</b>	\$ 15.99
<i>6 oz. rib eye steak served with 2 eggs any style, toast and homefries.</i>	
<b>LUMBERJACK BREAKFAST</b>	\$ 12.99
<i>Choose any two of bacon, ham or sausage with 2 pancakes, 2 eggs, toast &amp; homefries.</i>	
WITH BACK BACON	\$ 14.49

## Sandwiches

<b>TOASTED WESTERN (2 EGGS)</b>	\$ 8.59
<i>An omelette with green peppers, onions and ham on white or whole wheat bread.</i>	
<b>TOASTED BLT</b>	\$ 8.25
<b>GRILLED CHEESE</b>	\$ 6.99
WITH BACON	\$ 7.99
WITH BACK BACON	\$ 8.50
<b>BACON SANDWICH</b>	\$ 6.59
<b>BACK BACON SANDWICH</b>	\$ 7.59
<i>Sandwiches are served with homefries.</i>	

## Kid's Corner

*Available to children under 12*

<b>JUNIOR BREAKFAST</b>	\$ 4.99
<i>One egg with your choice of bacon, ham or sausage and a junior serving of toast and homefries.</i>	
WITH BACK BACON	\$ 5.50
<b>PANCAKE OR FRENCH TOAST</b>	\$ 3.99
WITH BACON, HAM OR SAUSAGE	\$ 4.79
WITH BACK BACON	\$ 5.29

## Extras

<b>BUTTERED TOAST</b>	\$ 2.29
<i>White or whole wheat</i>	
<b>CINNAMON TOAST</b>	\$ 2.29
<b>MUFFIN</b>	\$ 2.29
<b>BAGEL &amp; CREAM CHEESE</b>	\$ 4.29
<b>COTTAGE CHEESE</b>	\$ 4.29
<b>HOT OATMEAL</b>	\$ 3.99
<b>CEREAL WITH MILK</b>	\$ 4.50
WITH BANANA	\$ 5.75
<b>HOMEFRIES</b>	SMALL \$ 3.99 LARGE \$ 4.99
<b>SIDE OF BACON, HAM OR SAUSAGE</b>	\$ 3.59
<b>SIDE OF BACK BACON</b>	\$ 4.99
<b>HOLLANDAISE</b>	\$ 1.99

## Beverages

<b>COFFEE (BOTTOMLESS CUP)</b>	\$ 1.99
<i>Regular or decaffeinated.</i>	
<b>TEA regular or herbal</b>	\$ 1.99
<b>HOT CHOCOLATE</b>	\$ 2.99
<b>MILK</b>	SMALL \$ 2.59 LARGE \$ 3.29
<b>CHOCOLATE MILK</b>	SMALL \$ 2.99 LARGE \$ 3.59
<b>JUICE</b>	\$ 2.99
<i>orange, grapefruit, apple, tomato, lemonade, cranberry</i>	

## SIEUR RENÉ ROBERT CAVELIER DE LA SALLE

(1643-1687)

**A** French explorer in North America, La Salle emigrated to Montreal in 1666 where he received a grant of land on the St. Lawrence River. An impetus to explore led him constantly into the wilderness and in 1669 and 1670 he undertook explorations south of Lakes Ontario and Erie.

His services and ability made him a favourite with Frontenac, the governor of Canada, and in 1674 La Salle was chosen to defend the building of Fort Frontenac on the site of Kingston, Ontario. In 1677, he was rewarded with a monopoly of the trade in the Mississippi valley.

On April 9, 1682, La Salle took possession of the region watered by the Mississippi and all its tributaries for King Louis of France and named it "Louisiana". Convinced that a colony at the mouth of the Mississippi was a strategic move of first importance against Spain, with whom France was then at war, France made La Salle governor of all of Louisiana.

In 1684 La Salle left France with four ships and about 400 men to make the settlement. They encountered many hardships on their journey. The plight of the colony had become so desperate that La Salle and a small party made a fruitless attempt to reach Canada where their situation might be made known. On the way a mutiny occurred and La Salle was assassinated by one of his own men. Magnificent in his personal failures, La Salle by his courage against odds has always made a great appeal. Though he seemed to fail, his explorations gave France claim to a splendid empire.

*Excerpt from the Encyclopedia Britannica*

